

SB 553 Working Group

NH Nutrition Network/Meals on Wheels

Brooke Holton, Chair, NH Nutrition Network and
Alex Koutroubas, Dennehy and Bouley

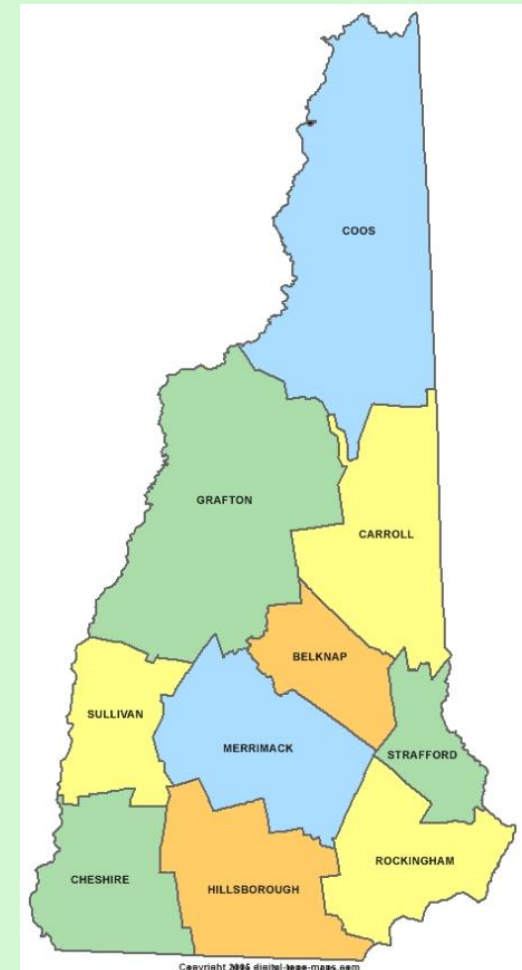


NH Nutrition Network

- NHNN is a group that consists of the ten (10) nutrition providers contracted with DHHS to provide services statewide to elderly and disabled adults under Title III, Title XX and the CFI waiver.
- CFI clients served under this program are disabled adults over the age of 18.
- All CFI clients undergo a financial and medical eligibility process not conducted by NHNN providers.

NH Nutrition Network Members

- Community Action Program Belknap-Merrimack Counties
- Gibson Center for Senior Services
- Grafton County Senior Citizens Council
- Home Healthcare, Hospice and Community Services
- Tri-County CAP
- Ossipee Concerned Citizens
- Rockingham Nutrition & Meals on Wheels Program
- Strafford County Nutrition and Meals on Wheels
- Sullivan County Nutrition
- St. Joseph Community Services



Home Delivered Meals SFY 2016

Medicaid

- People served: **753**
- Meals delivered:
142,262

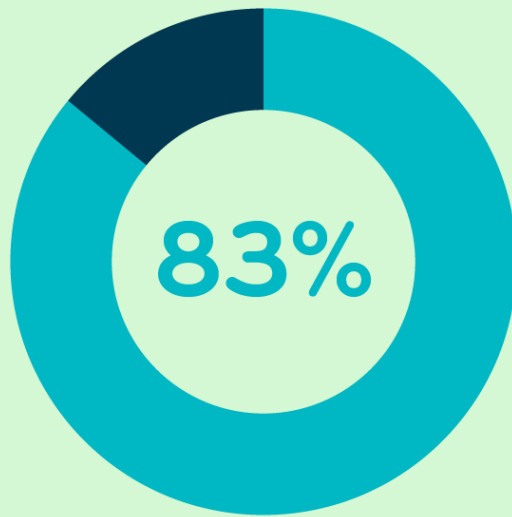
Non-Medicaid

- People served: **7,776**
- Meals delivered:
1,403,717



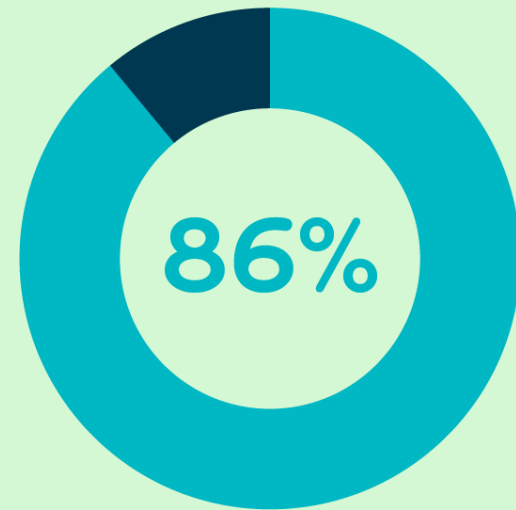
More Than A Meal

HEALTH



83% of Meals on Wheels clients say it helps improve their overall health.

SECURITY



86% of Meals on Wheels clients say it helps them feel more secure.

Source: Meals On Wheels
Association of America

AN IMPACT THAT GOES WELL BEYOND THE MEALS DELIVERED

- Reduces isolation and hunger
- Safety check by trained driver
- Only service in the home 5 days a week
- Access to nutritious foods - each meal provides 1/3 of daily Recommended Dietary Allowance (RDA)
- Referrals to additional services as needed

*Fiscally responsible community solution – one year of Meals on Wheels is roughly the same cost as just one day in a hospital or six days in a long-term care facility**

<http://www.mealsonwheelsamerica.org/search?indexCatalogue=full-site&searchQuery=one+day+in+hospital&wordsMode=0>

Aging, Isolation and Hunger are Increasing

- 10 million seniors in America struggle with hunger.*
- 15.2 million live in isolation and 18.4 million live in or near poverty.*
- Persons 65 years and older: NH 15.9%; U.S. 14.5%.**
- New Hampshire is the third oldest state in our nation, with a median age of 42 years.***

<https://americaletsdolunch.org/fag/>

<http://www.census.gov/quickfacts/table/PST045215/33,00>

<http://www.governing.com/blogs/by-the-numbers/fastest-growing-65-older-population-census-data.html>

NHNN Concerns with Step 2

Impact on quality of services

- Limited access to nutritious food
- The CFI menu of services is more extensive in a facility compared to home based services.

Network Stability

- Delays in eligibility determination and payments
- Increasing uncompensated care
- No change in CFI HD Rate since July 1, 2007

Contact Us

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“I have trouble walking/standing so it’s hard for me to prepare my own meals. This program has helped me a lot.”

